



# Patient Instructions

## Department of Radiology

### (217) 366-1285

### Pulmonary Vein Mapping

Patient Name: \_\_\_\_\_

Date of Appointment: \_\_\_\_\_ Time of Appointment: \_\_\_\_\_

You are scheduled for a CT scan of your heart and pulmonary veins. Please report to the patient check-in desk located on the first floor of **Christie Clinic on University Avenue in Downtown Champaign**. After checking in, please proceed to the Infusion Center located on the 3rd floor behind the Neurology Department. Please plan to arrive at the Infusion Center 30 minutes prior to the CT scan exam time

***If you are unable to keep your appointment, please cancel at least 24 hours before your scheduled appointment time by calling (217) 366-1285.***

#### How do I prepare for the procedure?

- It is important that you do not eat or drink anything for 6 hours before the CT scan.
- Take all your medications. You may drink sips of water with these.
- It is important that you do not have any caffeine for 12 hours before the CT scan. This includes: coffee, tea, soda pop, or chocolate.
- It is important that you do not have any type of physical stress, exercise, or exertion for 12 hours before the CT scan.
- It is important that you notify your physician and the CT staff if you are allergic to the IV contrast (Iodine) or if you are a diabetic that takes Glucophage, Glucovance, Metformin, Avandamet, Janumet or Metaglip.

#### What will happen during the procedure?

You will report to the Infusion Center 30 minutes before the CT scan. In the Infusion Center, a nurse will check your heart rate, blood pressure, and start your IV. Then you will be taken over to the CT Department in a wheelchair. You will be given instructions on how to hold your breath and for how long to hold it. You will be injected with CT contrast (Iodine), and we will perform the scan. The CT scan will take about 15 minutes. After the CT scan you will be taken back to the Infusion Center to be monitored by the nurse for around 15-20 minutes.

***You should plan on being at Christie Clinic for about 1½ hours on the day of your procedure.***

#### How do I get results of the procedure?

- Your physician will contact you by phone or mail as soon as your test results are received and reviewed.
- Please return for a follow-up appointment with:

Dr. \_\_\_\_\_ on: \_\_\_\_\_ at: \_\_\_\_\_