

Name: _____ Phone Number: _____

Age: _____ Profession: _____

Current Weight: _____ Maximum Adult Weight: _____

Have you done a diet before? (please circle) Yes No

Can you tell us why you had success or didn't have success?

How important on a scale of 1-10 is losing the weight via Transformations to you? _____

Do you have any food allergies? (please circle) Yes No If so, what?

What is your typical diet like currently?

Breakfast at _____ A.M.

Lunch at _____ A.M. OR P.M.

Dinner at _____ P.M.

Snacks at _____ A.M. or _____ P.M.

Please send in your 1 page story & answers to the question above to:

weightloss@christieclinic.com OR Christie Clinic Transformations Medical Weight Loss Contest,
501 N. Dunlap, Savoy, IL 61874