



CHRISTIE CLINIC

Medicine for Your Life

Patient Instructions

Department of Radiology

(217) 366-1285

DISCHARGE INSTRUCTIONS FOR BARIUM STUDIES

Patient Name _____ Patient History Number _____

Date and time of Appointment _____

1. Drink 2 quarts, (eight 8 oz. Glasses) of fluid today, preferably water. If you are on a fluid restriction, contact your provider.
2. If you do not have a bowel movement in 24 hours, take an osmotic laxative such as Milk of Magnesia.
3. Notify your physician if you have no bowel movement in 2 days.
4. Expect light colored or chalky stools.
5. If you have any concerns, contact your provider.