

Patient Instructions CT Chest and/or Spine

Patient Name _____

Appointment Date/Time _____ (3rd Floor at 101 W. University Ave.)
Please arrive 15 minutes before your exam.

If you must cancel, please call 24 hours before your appointment to the Radiology department at (217) 366-1285.

It is important that you notify your physician and CT staff if you are pregnant or have had a reaction to iodine, kidney dye or IV contrast. If you are diabetic and take the drug Glucophage, Glucovance or Metformin, there are special instructions after the test with the IV contrast.

How do I prepare and what do I expect from the exam?

You will be on a table and may be asked to hold your breath for 15-20 seconds. It is important to remain very still during the exam. Exam lasts 20 minutes.

CT Chest- you may be given an IV dose of contrast

CT Spine- no contrast is given.

After the exam you may resume normal activities. If you have IV contrast please increase your fluid intake for a day.

LAB TESTS REQUIRED FOR CT CONTRAST:

If you are over 60 years of age you will need to have blood drawn that checks your kidney function. It must be within 6 weeks of the exam date.

If you take one of the diabetic medicines above you will need to have your blood drawn 48 hours after the exam.