



Patient Instructions

Department of Radiology

(217) 366-1285

Computed Tomography (CT) – Abdomen/Pelvis

Patient Name _____

Date of Appointment _____ **Time of Appointment** _____

You are scheduled for a CT Scan of the abdomen and/or pelvis. Please report to the Patient Check-In Desk located on the first floor of Christie Clinic on University Avenue in downtown Champaign. After checking in, please proceed to the Radiology Department located on the third floor of the Clinic. Please plan to arrive 15 minutes prior to your appointment time.

If you are unable to keep your appointment, please cancel at least 24 hours before your scheduled appointment time by calling (217) 366-1285.

What does this procedure show?

A CT Scan produces cross-sectional views of your abdomen and/or pelvis.

It is important that you notify your physician and the CT staff if you have ever experienced a reaction to iodine, kidney dye or IV contrast agent.

If you are diabetic and currently taking the drug Glucophage®, Glucovance® or Metformin®, be sure to notify your physician. The combination of our IV contrast agent and these diabetic drugs requires special post-examination handling.

How do I prepare for the procedure?

- CT of the abdomen** – The night before the examination, have nothing to eat or drink after midnight. You may take medications (if any) with small amounts of water (about ¼ cup). You will be given an oral dose of a contrast agent right before the examination. In most instances, your physician may order an image enhancement agent (called a contrast agent). If so, this contrast agent will be injected in a vein in your arm. This contrast agent will make the details of the CT Scan clearer.

- CT of the abdomen/pelvis** - The night before the examination, have nothing to eat or drink after midnight. You may take medications (if any) with small amounts of water (about ¼ cup). At least 24 hours prior to your examination, you will need to pick up a contrast agent (called Readicat®) at a Christie Clinic location. This is available to you free of charge. Please finish the entire bottle of Readicat® 90 minutes prior to your examination. It tastes better when it is chilled, so you may want to refrigerate this contrast agent before ingesting. You will be given another oral dose of this contrast agent right before the examination.

The following locations have Readicat available for you to pick up:

- Christie Clinic in Danville, Vermillion**
- Christie Clinic in Mahomet**
- Christie Clinic in Rantoul**
- Christie Clinic in Tuscola**
- Christie Clinic on University-Radiology**
- Christie Clinic on Windsor –Radiology**

*****Please note: If your CT exam is on a Monday, you will need to pick up the Readicat® on the Friday prior to your exam**

What will happen during the procedure?

After drinking the contrast agent, you will be positioned on an x-ray table. Images will be taken. It is important to remain very still during the test.

After the test is completed you may resume normal daily activities. You should increase your fluid intake for the rest of the day to help expel the contrast agent.

How long will the procedure take?

The procedure takes 20 to 30 minutes.

How do I get results of the procedure?

- Your physician will contact you by phone or mail as soon as your test results are received and reviewed.
- Please return for a follow-up appointment with:

Dr. _____ on _____ at _____.

If you have not received your results within two weeks following this procedure, please contact your physician's office.